

Mystic Meg



ARIES March 21 – April 21

As the sun switches its heat and light to your personal security sector, you can start making your own rules with people you live with. And end a time of doing too much and expecting too little. Yes, family and friends can work together well, and you can lead the way.

TAURUS April 22 – May 21

Communication barriers dissolve and you can say what you need to say, when you need to say it. And words you have previously failed to find can flow so easily and freely. The key is to tune in to your deepest self, instead of staying on the surface. Any contest that involves your voice can leave you a winner.

GEMINI May 22 – June 21

The sun's warmth in your cash chart is a welcome signal that new light is on the way. And you are the one who can control your own financial future, by making sure you are across all paperwork and involved in all communication. It's easy to turn away, but right now the easy way is not your way.

CANCER June 22 – July 23

The time has come for your annual moment in the sun – and you can feel the extra energy flowing into your sign. Celebrate the longest day with a set of personal promises that are ambitious, but still achievable. Because now you really believe in yourself and your future.

LEO July 24 – August 23

Secrets are out and straightforward, high-energy decisions are in – as your chart lights up with sunshine. A moon of internal learning makes you such a wise lover, because you see potential mistakes coming and avert them in time. But you also allow partners space to be truly themselves.

VIRGO August 24 – September 23

Pluto's ability to rattle cages can be felt in your romance chart – yes, this can show temptation around a couple. But this only makes love stronger, as Venus gets involved, and calms ruffled feelings. If you're looking for new love, reading out loud can be the key.

LIBRA September 24 – October 23

With the sun going to the top of your chart, you may feel invincible and full of incredible ideas. But it's worth taking the time to sort these into priorities. That way you can focus your energy best. New passion starts when you meet someone on a challenging journey, perhaps for charity.

SCORPIO October 24 – November 22

Adventure routes are opening up with the sun – and although there are many tempting options, straight away you will sense which path is the right one for you. A moon of health insight draws you towards the foods, activities and people who can be so good for you, so do follow up on this.

SAGITTARIUS November 23 – December 22

The moon and Mercury work together to turn a vague creative idea into a business proposition, and the way you learn (fast) to mix what you know with what you know, is so smart. You also have great potential to add to your qualifications or practical skills – as soon as you start.

CAPRICORN December 23 – January 20

You're the zodiac's best deal-maker and breaker for the next few weeks – so start by working out which "Yes" you want to go with. Warning – it won't necessarily be the easiest one! But you'll sense straight away how good this is for you. A famous "A" song in a new setting is your luck clue.

AQUARIUS January 21 – February 19

Getting yourself out into the open air, even just for a few minutes, is task one today. The sun's on the move, and illuminating the benefits of outdoor activities, living – and loving. You are ready to reach out and mend a long time bond. But do first ask yourself if you should...

PISCES February 20 – March 20

Your ideas are taking off, and the way you integrate more creative ways of working and living into your life sets such a brilliant example. You really can have what you most want. For the last day, Venus says all the right things – after tomorrow, you can be more upfront, even controversial, with your words.

LIVE One-to-one psychic readings
1580 924 785
CALLS COST €10 per minute
Join live IRISHFRANK special. Then your question by 0850 and one of my psychics will send you answer.

** Live Psychic calls cost €2.47 per minute from an Eircom landline. Costs from other networks may be higher. Over 18s only. Max call duration 19 mins. Service available Sun – Sat every day. Calls made outside of these hours will be charged. SP: Spoka, 0818 217 100 (Sun-Spm, Mon-Fri). This service is regulated by PhonepayPlus/COMREG

* €6.95 per minute from an Eircom landline plus network extras. Max call duration 4 minutes. Over 18s only. SP: Spoka, 01437 8915.

SWIMMING

Wiff of

glory.

DANIEL'S RECORD START



DANIEL WIFFEN broke the 800m freestyle Irish record as he booked his place in today's final at the FINA World Championships in Budapest.

Competing in the third of four heats, the Armagh swimmer (above) got his championships up and running by clocking 7:46.32, knocking over four seconds off the previous record of 7:50.74 that he had set back in April. The 20-year-old finished in fourth place in the heat behind Ukraine's Tokyo 2020 bronze

By **PAT POWER**

medallist Mykhaylo Romanchuk, Germany's Florian Wellbrock and Italian Gabriele Detti. Wiffen, who swims at Loughborough University, had a nervous ten-minute wait to see if he had made the final but only Gregorio Paltrinieri was quicker in the final session, making him fifth fastest. Indeed, Wiffen finished ahead of the Tokyo 2020 Olympic champ, USA's Bobby Finko, sixth in 7:46.36. The final takes place in Hungary today at 5:02pm.



QUALIFIED SUCCESS...
Daniel Wiffen is going for glory in today's freestyle final in Budapest

SEED IT AND WEEP

LEINSTER are among the second seeds for next season's Champions Cup – while **Ronan O'Gara's** defending champions **La Rochelle** will be in the third tier of teams.

The draw for next season's European competitions takes place next Tuesday at the Aviva Stadium, with seeding pots confirmed yesterday. And with those seedings based on domestic league finishes, it means lower rankings for the two sides that competed in last month's final despite former Ireland ace O'Gara (right) leading his side to historic European glory.

La Rochelle's quarter-final finish in the Top 14 sees them among the third tier along with Munster. Leinster and Ulster, who lost URC semi-finals, are among the second

By **OWEN COWZER**

seeds with South Africans Stormers and Blues among the top seeds.

CHAMPIONS CUP

Tier 1: Castres, Montpellier, Leicester, Saracens, Stormers, Bulls
Tier 2: Bordeaux, Toulouse, Harlequins, Northampton, Leinster, Ulster
Tier 3: La Rochelle, Racing 92, Gloucester, Sale Sharks, Sharks, Munster



Tier 4: Clermont Auvergne, Lyon, Exeter, London Irish, Edinburgh, Ospreys

CHALLENGE CUP

Tier 1: Glasgow, Scarlets, Toulon, Section Paloise, Wasps, Bristol
Tier 2: Connacht, Lions, Benetton, Cardiff, Stade Français, Brive, Worcester, Newcastle
Tier 3: Dragons, Zebre, USAP, Bayonne, Bath, Cheetahs



COE... voiced support

Seb hails trans ban

By **ROB MAUL**

SEB COE has praised the landmark decision to ban transgender participation in elite female swimming.

And the two-time Olympic 1500m champion hinted track-and-field may follow suit when the World Athletics Council convenes in the winter.

On Sunday, world governing body FINA voted that male-to-female transgender swimmers can only compete if they have transitioned by the age of 12.

An 'open' category for those swimmers whose gender identity is different than their birth sex may be established.

Asked for his reaction to the ruling, World Athletics chief Coe said: "We see an international federation setting rules that are in the best interest of its sport."

"We believe biology trumps gender and we will continue to review our regulations in line with this."

Legal Notices

Dublin City Council
Permissions is sought for Change of use from office / storage area to serve as a part time early years service facility for max 12 no. of children, with opening hours of 8.30am-11.30am & 12pm-3pm, Monday to Friday with internal modifications to accommodate the works at 172a Ballyglan Road East, Ballyglan, Finglas, Dublin 11 for the St. Mary's Childcare. The planning application may be inspected, or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of Dublin City Council during its public opening hours and a submission or observation in relation to the application may be made to the authority in writing on payment of the prescribed fee within the period of 5 weeks beginning on the date of receipt by the authority of the application.

SOUTH DUBLIN COUNTY COUNCIL
We Greentech Buildings Products Limited intend to apply for the Planning Permission at Site 514, Driveway at 18, Ballycane Park, Ballycane, Co. Dublin for First Floor Ancillary Offices measuring 218m². All other development details remain as per Granted Planning Permission at 21, Red Hill, SDO/A/0261. The planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of South Dublin County Council during its public opening hours of 9am-5pm, Mon-Fri, and a submission or observation may be made to South Dublin County Council in writing and on payment of the prescribed fee (€20.00) within the period of 5 weeks beginning on the date of receipt by South Dublin County Council of the application.

Don Laoghair Rathdown County Council
Finbar O'Herlihy and Siobhán Owens are applying for Planning Permission to construct a two storey extension to the rear of an existing dwelling, together with an attic conversion with roof lights and associated down to the rear roof profile. The application is also to include for the lowering of the window sill to the first ground floor living room to a height of 450mm above the existing finished floor level, together with all associated site works and internal alterations as indicated on the submitted plans, all at 44 Cluan Shee, Aken's Village, Dublin 15: D15 P722. The planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy at the offices of the Planning Authority, County Hall, Don Laoghair during its public opening hours. A submission/observation may be made on payment of €20 within a period of 5 weeks from the date the application is received by the planning authority.