

Mystic Meg



ARIES March 21 - April 21

Venus and the moon match up in ways that bring harmony to your heart, if you let them. Your romance role is to see the value in quieter, kinder feelings. If you are single, this can lead you towards "F". Big home-based decisions may feel hard to make instantly, but asking for more time is always an option.

TAURUS April 22 - May 21

A chatty neighbour can start to seem such a hot passion prospect as Venus and the moon match up, and you discover how much the two of you have in common. If you are already in love, checking with a partner that you are both still on the same planning page can turn out to be a positive process.

GEMINI May 22 - June 21

If it feels difficult to be completely honest, perhaps with those closest to you, you can make this work today, in your own way. And part of this is staying true to your principles and letting yourself be vulnerable. There is room in your life for more friends, even if you don't feel that way when you first meet "K".

CANCER June 22 - July 23

Your sign shines with love and luck potential as Venus and the moon bond. And whatever you most want passion to be, that's what it can become - so be careful what you wish for! A set of dates that seemed very far in the future can come forward fast, and your part in this is already changing.

LEO July 24 - August 23

You can combine the personal insight of Mercury with the energy of Mars and find a unique way through an application or registration process. Wherever you choose to put your name, you will make your mark. Secrets are so close to the surface in an emotional sense but it's up to you what you do with them.

VIRGO August 24 - September 23

Friendships flourish when you stay real, say what you see and stop tiptoeing round each other. Showing you are prepared to hear the truth as well as speak it can restart a family discussion. Planning parties or other special events can be a natural business direction for you, and a question today marks the start.

LIBRA September 24 - October 23

Big love ambitions, and a refusal to settle for second best, can build a brilliant day for you as a relationship enters a new phase. And if you are single, you step away from half-hearted connections that take up too much emotional time. Work-wise, there's a place for apologies, but only if they are sincere.

SCORPIO October 24 - November 22

Jupiter's influence can lead you to repeat mistakes at work, so run through every decision before you enact it, especially if it links to sharing your knowledge for free. There are fairer ways to work this out. The moon and Mars stir up your marriage sector, and suddenly an unlikely future looks like an option.

SAGITTARIUS November 23 - December 22

This is a day to trust what your instincts tell you when it comes to love, but also in life terms. Any feeling you get about a property, person or project is worth exploring deeper. Mercury enhances your memory, and this can give you the edge in fast-answer contests, or setting a new standard of truth in a family.

CAPRICORN December 23 - January 20

Venus and the moon rule your deal-making sector, and this softens any hard-headed approach to money or work choices. Now it feels safe to show your sensitive self and find an answer that feels right. As for love, total commitment is your gift, to offer and to receive. Luck links to a new local business.

AQUARIUS January 21 - February 19

If you keep setting yourself fitness goals that you know deep down are too big, you can rethink this today and come up with steps that you can start straight away. And this time, you can be your own best support. Mercury and Mars suggest that new trust at home comes from giving time, not money.

PISCES February 20 - March 20

A work question you may have delayed for a while is ready to be answered now, and a step back towards an old job description can be part of it. But you are also ready to let outdated ideas go and focus on plans for a fresh future. Pure romance dances through your chart, and disco music can be the key.

LIVE One-to-one psychic readings
 CALLS COST £2.40 per minute
1580 924 785
 Just text IROSHFRANK (space) then your question to 80600 and one of my psychics will send you an answer

* Live Psychic calls cost £2.47 per minute from an Eircom landline. Costs from other networks may be higher. Over 18s only. Max call duration 19 mins. Service available 8am - 4am every day, calls made outside of these hours will be charged. SP: Spoke, 0818 217 100 (9am-5pm, Mon-Fri). This service is regulated by PriceremyPlus/COMREG

SPORTS ROUND-UP: RESULTS & FIXTURES

FOOTBALL
 FRIENDLY: Hartlepool 1 Sunderland 1.
ATHLETICS
WORLD CHSIPS (Eugene): **Finals:** Men's 55km Race Walk: 1 M Stano (Ita) 2hrs 23mins 14secs, 2 M Kawano (Jpn) 2:23:16, 3 P Karjalainen (Swe) 2:23:44, 2:23:16, 3 P Karjalainen (Nor) 13mins 09.24secs, 2 J Krup (Ken) 13:09.98, 3 O Chelimo (Uga) 13:10.20, 14 M Scott (GB) 13:41.04. **4x400m Relay:** 1 USA 2min 56.17secs, 2 Jamaica 2:58.58, 3 Belgium 2:58.7. **Pole Vault:** 1 A Duplantis (Swe) 6.21m, 2 C Nilsen (USA) 5.94, 3 E Obiena (Phi) 5.94. **Women's Long Jump:** 1 M Mihambo (Ger) 7.12m, 2 E Brume (Ngr) 7.02, 3 L Melo (Bra) 6.89, 9 J Sawyers (GB) 6.62, 10 L Ugan (GB) 6.53. **800m:** 1 A Mus (USA) 1min 59.30secs, 2 K Hodgkinson (GB) 1:59.39, 3 M Moraa (Ken) 1:56.71. **4x400m Relay:** 1 USA 3mins 17.79secs, 2 Jamaica 3:20.74, 3 GB & NI 3:22.84. **100m Hurdles:** 1 T Amusan (Ngr) 12.12secs, 2 B Anderson (Jam) 12.23, 3 D Williams (Jam) 12.41, 4 C Sember (GB) 12.50.

CRICKET
THIRD WOMEN'S TWENTY20 INT'L
 England v South Africa
 Derby: England 176-6 (20 overs), South Africa 138-6 (20 overs). T Brils 59. **England beat South Africa by 38 runs.**

SECOND TEST MATCH
 Sri Lanka v Pakistan
 Galle: Sri Lanka 378 (103.0 overs): L D Chandimal 80, D P D N Dickovella 51, B O P B O P Fernando 50. Pakistan 191-7 (69.4 overs): Agha Salman 62.

LV COUNTY CHAMPIONSHIP FIRST DIVISION
Essex v Somerset
 Chelmsford: Essex 281-3 (96.0 overs): N L J Browne 129no, P J Walter 57no.

Gloucestershire v Northants
 Cheltenham: Gloucestershire 317 (81.2 overs): J R Brocley 79, C D J Dent 54, R F Higgins 50. Northamptonshire 30-0 (12.0 overs).

Lancashire v Kent
 Emirates Old Trafford: Lancashire 112-4 (34.2 overs).
Surrey v Warwickshire
 The Kia Oval: Warwickshire 240-8 (95.5 overs).

Yorkshire v Hampshire
 Scarborough: Yorkshire 158-8 (54.2 overs): D M Bess 67, W A R Fraine 53, K J Abbott 4-36.

SECOND DIVISION
Durham v Middlesex
 Riverside: Durham 132-0 (44.5 overs): M A Jones 78no.

Worcestershire v Derbyshire
 New Road: Derbyshire 130 (51.1 overs): Anuj Dal 55, D Pennington 4-36. Worcester-shire 141-5 (29.0 overs): K All 52.

CYCLING
TOUR DE FRANCE FEMMES (Meaux - Provins, 135km): **Stage 2 - 1 M Vos (Hol)** Team: Jumbo-Visma 14mins 29secs, 2 S Parron (Ita) Valcar-Travail & Services, 3 K Newlandsma. **Podium:** CANYON SRAM Racing at same time. **Overall:** 1 Vos 07mins 46secs, 2 Parron +10s, 3 Newlandsma +12s. **Selected Others:** 23 A Henderson (GB) Team: Jumbo-Visma, +50, 26 P Georgi (GB) Team: DSM, +60, 27 E Holden (GB) Lo Coi Wahoo, +60s, 95 N Grinczer (GB) Stade Rochelais Charente Maritime +4min 30s, 111 J Lowden (GB) Uno-X Pro Cycling Team +8min 58s, 117 H Barnes (GB) Uno-X Pro Cycling Team +7mins 36s.

SNOOKER
CHAMPIONSHIP LEAGUE (Leicester): **Group E:** M Williams (Wal) bt A Hill (Ir) 3-0; L King (Chi) bt S Maguire (Soo) 3-1; Maguire bt Hill 3-0; King bt Williams 3-0; King drew with Hill 2-2; Maguire bt Williams 3-0. **Group F:** H V Ayoubi (Im) bt M Judge (Irl) 3-0; J Robertson (Eng) drew with L Haughton (Chi) 2-2; Robertson drew with Judge 2-2; Haughton bt Ayoubi 3-0; Haughton bt Judge 3-1; Ayoubi drew with Robertson 2-2.

SPEEDWAY
PREMIERSHIP - Belle Vue Aces 63 Peterborough Panthers 27, Wolverhampton Wolves 49 King's Lynn Stars 41.

TENNIS
ATP GENERALI OPEN (Kitzbuehel, Austria): **1st rnd** - J P Varillas (Per) bt C Taberner (Spa) 6-4 6-3; F Coria (Arg) bt C Garn (Chi) 6-4 7-5; J Rodionov (Aus) bt H Casanova (Arg) 6-4 6-2; J Lehecka (Cze) bt T M Monteiro (Bra) 7-6 (8-6) 6-4; (8) J Sousa (Por) bt V Koprieva (Cze) 6-1 7-5; F Miolic (Aus) bt D D da Silva (Bra) 6-2 7-6 (8-6); D Lajovic (Ser) bt V Sachko (Ukr) 6-4 7-6 (7-5).

TODAY'S SPORT
 (7.45 unless stated)
UEFA WOMEN'S EUROPEAN CHAMPIONSHIP SEMI-FINAL
 England v Sweden..... 8.0
 (Live on BBC 1)

UEFA CHAMPIONS LGE SECOND QUALIFYING ROUND SECOND LEG
 AEK Larnaca (1) v Midtyflind (1)..... 4.30
PSI Dudelange (1) v Pyunik (0)..... 6.30
Azeri v ILK..... 6.0
Shamrock (0) v Lutogorets (3)..... 6.0
Sheriff (0) v Maribor (0)..... 6.0
Shturpi (2) v Dinamo Zagreb (2)..... 8.0

FRIENDLY MATCHES
 Benfica v Newcastle..... 8.0
Sourport v Bolton..... 7.30
Truro City v Plymouth..... 1.0
Walthamstow v Leyton Orient..... 1.0

CRICKET
LV County Championship - Division One-day 2 of 4: Essex v Somerset (Chelmsford, 11am), Gloucestershire v Northamptonshire (Cheltenham, 11am), Lancashire v Kent (Emirates Old Trafford, 11am), Surrey v Warwickshire (The Kia Oval, 11am), Yorkshire v Hampshire (Scarborough, 11am).

Division Two-day 1 of 4: Nottinghamshire v Sussex (Trent Bridge, 11am). **Day 2 of 4:** Durham v Middlesex (Riverside, 11am), Worcestershire v Derbyshire (New Road, 11am).

Second Test Match-day 3 of 5: Sri Lanka v Pakistan (Galle, 9.30am).
Speedway
 Championship Jubilee League: Plymouth Gaijaltors v Oxford Chieftans (7.0).



FLYING HIGH
 ... Armand Duplantis breaks his own pole vault record

ARMAND TAKES POLE POSITION

By CHRIS JAMES

ARMAND DUPLANTIS soared to new heights when he broke his own pole vaulting record at the World Championships in Oregon. The Swede soared to 6.21m to surpass his previous mark by 1cm. He said: "I did not think about the record that much...I really wanted to win the gold so badly."

smashed the 400m hurdles record for the fourth time, racing in at 50.68, before joining the women's relay team to win gold again. Nigerian Tobi Amusan stole the show in the women's 100m hurdles, rocketing to a new world record of 12.12 in the semi-finals.

Duplantis' feat was the finale to the first championships on American soil. The hosts claimed emphatic victories in both the men's and women's 4x400m relays. America's Sydney McLaughlin

Jakob Ingebrigtsen of Norway made up for this runner-up finish in the 1,500m with victory in the 5,000m, saying: "I needed it." The USA topped the leaderboard with a record 33 medals, 13 gold.



TOBI OR NOT TOBI... Nigeria's Amusan takes gold in Oregon

Players in legal action

By PAT POWER

A GROUP of former players have issued formal legal proceedings against World Rugby and the English and Welsh governing bodies over claims the failure to protect them led to the early onset of dementia.

London-based law firm Rylands Legal is representing the claimants, which include England's World Cup-winning hooker Steve Thompson, former All Black Carl Hayman and ex-Wales captain Ryan Jones.

Many in the group of more than 100 professional players have also been diagnosed with chronic traumatic encephalopathy (CTE), epilepsy, Parkinson's and motor neurone disease.

In a statement, Rylands said: "This claim isn't just about financial compensation. It is about making the game safer."

Legal Notices

SOUTH DUBLIN COUNTY COUNCIL

We Exeter Ireland Property IV B Limited, intend to apply for Planning Permission for Alterations to an existing planning Permission Reg. Ref. SD21A/0162 for a warehouse development of 2no. units (Unit 1 & Unit 2) at the 4.04ha site at Brownsburn, Citywest Campus, Dublin 24. I. Alterations to Unit 1 are as follows: 1. Reduction of 237 m² of warehouse floor area on the ground floor due to: A. change of use of 63m² of warehouse floor area to office floor area B. change of use of 51m² of warehouse floor to staff facilities floor area on the ground floor plan, and C. the remainder due to the addition of a 2.4m high perimeter blockwork wall in the warehouse area. 2. Change of use of 14m² of staff facilities floor area to office floor area at the ancillary office ground floor plan. 3. Change of use of 14 m² of office floor area to staff facilities floor area over 1st & 2nd floor plan. 4. Reduction of 28 m² of office over 1st and 2nd floor plan to facilitate structural alignment. 5. Minor internal alterations to the ancillary staff facilities/office layouts with no area alterations. 6. Elevational changes: A. Omission of 5 no. dock levelers & associated canopy and addition of 1 no. fire escape door to the building's southern elevation. B. Addition of 2 no. fire escape doors to the building's northern elevation. II. Alterations to Unit 2 are as follows: 1. Omission of warehouse office staff facilities block at the south-east & north-west corner of the warehouse resulting in: A. change of use of 40m² of office floor area to warehouse floor area and B. change of use of 78m² of staff facilities floor area to warehouse floor area on the ground floor. 2. Addition of a 2.4m high perimeter blockwork wall internally within the warehouse area, resulting in a warehouse floor area reduction of 63m². 3. Alteration to the ancillary office staff facilities block resulting in: A. reduction of 101m² of office floor area and addition of 11m² of staff facilities floor area on ground floor plan. B. reduction of 104m² of office floor area & 82 m² of staff facilities floor area over 1st & 2nd floor plan. 4. Elevational changes: A. Reduction of 2 no. level doors and addition of 6 no. dock leveler doors & associated canopy to the building's north-eastern elevation. III. Associated site plan and drainage adjustments. The planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of South Dublin County Council during its public opening hours of 9am - 4pm, Mon-Fri, and a submission or observation may be made to South Dublin County Council in writing and on payment of the prescribed fee (€20.00) within the period of 5 weeks beginning on the date of receipt by South Dublin County Council of the application.