

TOKYO PARALYMPICS

DAY 2

ELLEN KEANE admitted she is 'living the dream' after striking gold for Ireland in Tokyo.

The Clontarf woman saw off the challenge of New Zealand's nine-time Paralympic gold medallist Sophie Pascoe in the SB8 100m breaststroke final.

Keane had set a new PB in the heats yesterday morning but smashed that mark again in the decider, finishing in a time of 1:19:93 on her way to the top of the podium.

The 26-year-old, who claimed bronze at Rio 2016, said: "I feel like I'm living a dream at the moment, it hasn't sunk in yet. I'm over the moon."

"To go 1.19, I was just ecstatic. I came here to do what I wanted to do and that ended up getting me a gold medal."

"I can't wait to watch the race back." Keane did not have the best of starts as her goggles filled with water.

As it had been in the earlier heat, it was to become a head-to-head between Keane and Pascoe, with the Kiwi leading the way at the turn.

However, Keane dug deep over the last 50m and took the lead, holding off a final surge to touch the wall four hundredths of a second ahead of her rival.

She said: "Do you know I'm actually a bit in disbelief because my goggles filled up with water so I didn't know where I was, I didn't know where Sophie was or the other girls beside me."

"It was just sticking to the game-plan and my coach had, just being long and strong and that's what I focused on

By CHRIS JAMES

throughout the race and I just kinda gave it my all in the last 25."

"In the back of my head I had my coach saying, 'Just keep pushing'."

"I took two things from the heat this morning - my start and my turn. My turn was awful. I knew if I could nail the start and the turn I'd be fine."

"And to see No.1, it wasn't even the No.1 that I was most excited about, it was more the time."

Keane admitted that, after first competing at the Games in 2008 aged just 13, seeing the tricolour being raised was a hugely proud moment.

She added: "It was very special for me. And I hope everyone enjoyed it who was watching it on telly!"

The three-time world bronze medallist is back in the pool next Wednesday for the SM9 200m individual medley.

Rising star swimmer Róisín Ní Riain returned to a final for the second day in a row after her debut on Wednesday.

She battled to a brilliant sixth-place finish as she set a personal best in the S13 100m backstroke, her third PB on her fourth visit to the competition pool.

The Limerick native said: "I knew if I got my strategy right, if I got it down a bit better, I could definitely do it."

Equestrians Tamsin Addison and Rosemary Gaffney made their Paralympic debuts and finished 12th and 15th respectively in Grade V and IV dressage. Addison and her horse Fahrenheit

scored 66.452 per cent in the Grade V individual test, which was won by Belgium's defending champion Michele George with a score of 76.524.

She admitted she would have liked a higher score and will be pushing herself harder in the Team Test tomorrow.

The England-based rider said: "I should've put a bit more power in him, especially in the middle, but we didn't make any mistakes and it's a fine line."

"You want it all on the night, for that six minutes that you've been training for, for so many years. I was pleased we had a clean test."

Gaffney and her mare Werona scored 65.390 in Grade IV which was won by the Netherlands' Sanne Voets with a score of 76.585.

The 62-year-old from Clonmel was particularly delighted to finally compete at the highest level, after being Ireland's reserve for London 2012 and Rio 2016.

She said: "I've been reserve for the last two and this time I made it so I'm thrilled. I'm a late developer! I went into the arena as a nobody and came out a Paralympian. I'm on cloud nine."

The tandem duo of Katie-George Dunlevy and Eve McCrystal competed in the velodrome in Izu and recorded a new national record of 1:09.044, their best ever time in the B1000m Time Trial to secure a sixth-place overall finish.

Galway's Ronan Grimes also produced his best display in the C4 1000m Time Trial Final with 1:08.62, shaving over a second off his personal best and finishing 15th overall.

ELLEN HIGH WATER

Keane's golden PB seals the deal



WELL IN, ELLEN... Ellen Keane claimed gold for Ireland yesterday

DAY 2 RESULTS

FINALS

S13 100M BACKSTROKE FINAL...R Ní Riain 1:08.61 (PB)
SB8 100M BREASTSTROKE FINAL...E Keane, 1:19.93 (gold medal, PB)

RESULTS

B 1000M TIME TRIAL.....KG Dunlevy & E McCrystal 10:09.044 (PB & national record)
S13 100M BACKSTROKE HEAT...R Ní Riain 1:09.23 (PB)
SB8 100M BREASTSTROKE HEAT.....E Keane 1:21.71 (PB)
C4-5 1000M TIME TRIAL.....R Grimes, 1:08.262 (PB)
GRADE IV INDIVIDUAL TEST.....R Gaffney 65.390%
GRADE V INDIVIDUAL TEST.....T Addison 66.452%

Recruitment

FXB Restaurant, Pembroke Street, Dublin 2 is seeking to hire an experienced Chef de Partie to join its busy kitchen.

www.fxbuckley.ie
Full time permanent position.
39 hours per week.

Applicants must be experienced in European cuisine, and steaks, we are a steak house.

Ala carte cooking experience also and grill experience. And must be able to work in a busy kitchen.

Good interpersonal skills needed.
2 years chef experience needed.

- Duties and responsibilities will include:
- Working on the grill and steak oven.
 - Making sure food is of the right quality and is produced on time for customers
 - Help managing stock
 - Assisting the head chef and other senior chefs during service.
 - Helping with the kitchen health and hygiene procedures
 - Cooking food to order
 - Running a section of the kitchen with junior chefs

Salary per annum 30,000 Euro

Please apply in writing to FXB/Restaurant, 1A Lower Pembroke Street, Dublin 2 or email cv to head chef Maurice O'Brien: Pembrok@fxbuckley.ie

Ferrycarrig Hotel, Co. Wexford requires full-time Chef de Partie with responsibility for the starter and desert section of our hotel kitchen.

Must have at least 2 years chef experience and be experienced in professional cookery.

Full time permanent position.
39 hours per week.
Euro 30,000 per annum salary.

Job located at Ferrycarrig Hotel, Ferrycarrig, Wexford, Ireland. www.ferrycarrighotel.com

Duties and responsibilities will include:
Working on starter and pastry/desert sections of kitchen.

Making sure food is of the right quality and is produced on time for customers

Help managing stock
Assisting the head chef and sous chefs during service.

Helping with the kitchen health and hygiene procedures
Cooking food to order
Running a section of the kitchen with the assistant chefs

Please apply in writing to the above address or email the HR Manager Orla O'Brien: orla@ferrycarrighotel.com with your CV

Legal Notices

SOUTH DUBLIN COUNTY COUNCIL: We JMC Van Trans Ltd. intend to apply for Planning Permission for ALTERATIONS to an existing granted planning application (previously granted permissions Reg. Ref. SD18A/0314 (ABP-304148-19); SD18A/0408; SD20A/0187) for development at Kingswood Business Park, Baldonnel, Dublin 22. The subject alterations for which Planning Permission is sought for are as follows: (1) Reconfiguration of the ground floor area as follows: a) Provision of a new ancillary storage area to the proposed building's eastern elevation measuring 75m² at mezzanine level; b) Change of Use of 57m² of warehouse floor area to staff facilities due to the following: b1) Addition of single storey fire protected corridor from Office A to in the south west corner of the warehouse, overall 45m² floor area addition; b2) Addition of stairs from warehouse to mezzanine level, overall 12m² floor area addition; (2) Elevation alterations: a) Introduction of covered glazed structure at the main Office entrance to the front (southern) elevation, overall height 6.18m; b) Introduction of Integrated Modular Louvre System to Charging Area to the front (southern) and side (eastern) elevation; c) Change of colour of southern elevation warehouse canopy to Anthracite; and d) Introduction of fire escape doors to the side (eastern) elevation (3) Site plan alterations: a) Omission of an existing roundabout and provision of revised road junction with an access/egress to the proposed development and to the existing Business Park; b) Provision of a new boundary fence Type A to the southern and eastern site boundary; c) Introduction of additional 28 No. HGV parking spaces to the western concrete yard (overall area 1547m²) and the omission of car parking at the same location; introduction of 8 No. van parking spaces (overall area 240m²) and rearrangement of the car parking spaces due to introduction of the above changes, plus addition of gas tank and generator, and d) Associated drainage layout adjustments due to the inclusion of the above alterations. All other details such as landscaping, external surface finishes etc will remain as per the aforementioned granted planning applications.

The planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of South Dublin County Council during its public opening hours of 9am - 4pm, Mon-Fri, and a submission or observation may be made to South Dublin County Council in writing and on payment of the prescribed fee (€20.00) within the period of 5 weeks beginning on the date of receipt by South Dublin County Council of the application.

DÚN LAOGHAIRE-RATHDOWN COUNTY COUNCIL

We Shirine Young and Justin Elliott intend to apply for permission for development at this site Mafra Church Road, Killiney, Co. Dublin, A96 YW90 The development will consist of: New two storey front porch, two storey rear extension, with rear balcony, widening vehicular access, some internal alterations and associated site works. The planning application may be inspected or purchased for a fee not exceeding a reasonable cost of making a copy, at the offices of the Planning Authority, Marine Road, Dun Laoghaire, Co. Dublin, during its public opening hours of Monday to Friday from 10:00am to 4:00pm. A submission or observation in relation to the application may be made in writing to the Planning Authority, on payment of a fee of €20 within 5 weeks of receipt of the application by the Planning Authority and such submissions or observations will be considered by the Planning Authority in making a decision on the application. The Planning Authority may grant permission subject to or without conditions or may refuse to grant permission.

Dublin City Council

Permission is sought for a vehicular entrance with new 3.5m gate and permission for disking of public footpath and all associated site development works at No. 11 Clonard Road, Crumlin, Dublin 12, D12 RF83 by Jason Lynch & Miriam King. The planning application may be inspected, or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of Dublin City Council during its public opening hours and a submission or observation in relation to the application may be made to the authority in writing on payment of the prescribed fee within the period of 5 weeks beginning on the date of receipt by the authority of the application.

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